## WHAT CAN WE SAY?

As children we are taught to be polite, to say "thank you" when someone gives us a gift. We learn that expressions of appreciation honor the giver. As we gain life experience we come to realize that sometimes we receive gifts that are too big for words. "Thank you" is no longer enough.

In this way we begin to understand the true meaning of gratitude.

At the Monroe Institute we are more grateful than words can convey—for you, our companions on the path. We dedicate this issue of *TMI Journeys* to "gratitude."

